DEEP DIVE INTO SOUL SPACE

EXPERIENTIAL TRAINING RETREAT

SEPTEMBER 26-30, BETHEL, NY

*The real site of the "Woodstock" Music Festival!*

PARTAKE IN A RARE IMMERSIVE RESIDENTIAL 4-DAY TRAINING

WITH OPTIONAL HALLUCINOGENIC MEDICINES

For Social Workers and Anyone in the Helping Professions

Have you had an interest in exploring plant medicine and other breakthrough hallucinogens in your practice? Have you had an experience with breathwork rebirthing? Are you new to somatic work or want more practical experience with it?

If you answered yes to any of these questions, then this training is for you! Cia Ricco brings her skilled, yet gentle and caring guidance to meet you exactly where you are -whether it is a personal or professional breakthrough you are looking for, or both.   
Combining body-centered therapeutic techniques with guided meditation, movement, breathwork, and optional hallucinogenic-substance support, this training retreat is an opportunity for personal as well as professional growth. We all know that we can’t help others with something we haven’t experienced for ourselves.

* ﻿﻿Break through trauma and heal old wounds while being lovingly and expertly supported
* ﻿﻿Experience profound Breathwork Rebirthing
* ﻿﻿Try two or more psychedelic substances (optional) known to help release depression, anxiety, fears, and addictive tendencies, and create a deeper sense of connection

Leave with a greater self-understanding, healing/wholing, as well as a sense of how to share this with your clients.   
  
Please note that this retreat is also open to those coming purely for personal-growth. Those coming primarily for training will receive extra attention as needed.

For more information, contact Cia Ricco: [ciaricco@gmail.com](mailto:ciaricco@gmail.com) or 407-388-8861

LIMITED SPACE AVAILABLE. PLEASE INQUIRE SOON FOR PRICING AND LODGING INFORMATION.

*(SUPPORT IS AVAILABLE WITH TRANSPORATION IF NEEDED)*